



FD MealPlanner

USER GUIDE

This user guide will help you set up and start with our new FD Mealplanner web and mobile app. See our instructions below.

WEB-BASED PLATFORM:

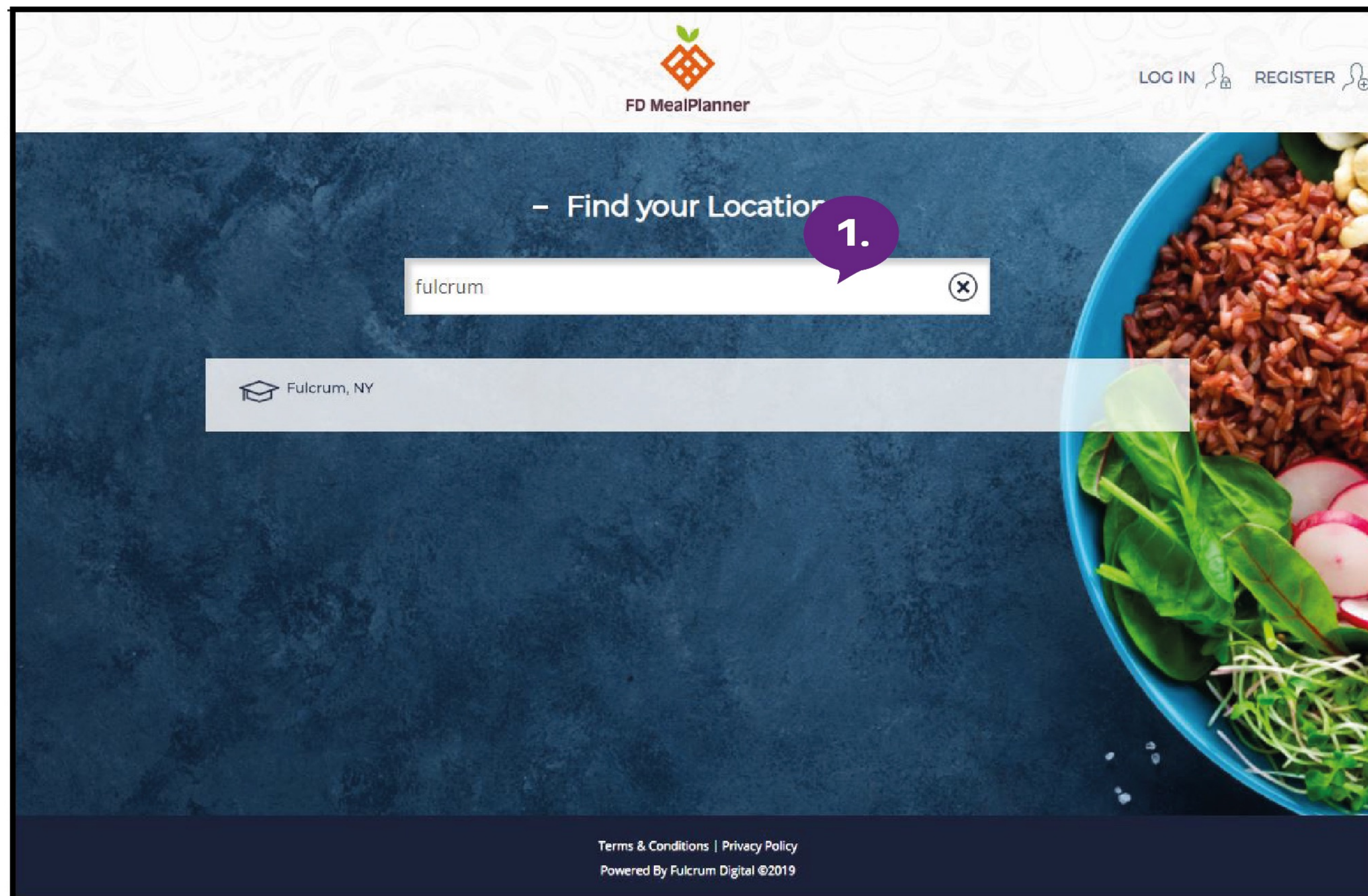
Type www.fdmealplanner.com in your computer's browser.

MOBILE PLATFORM:

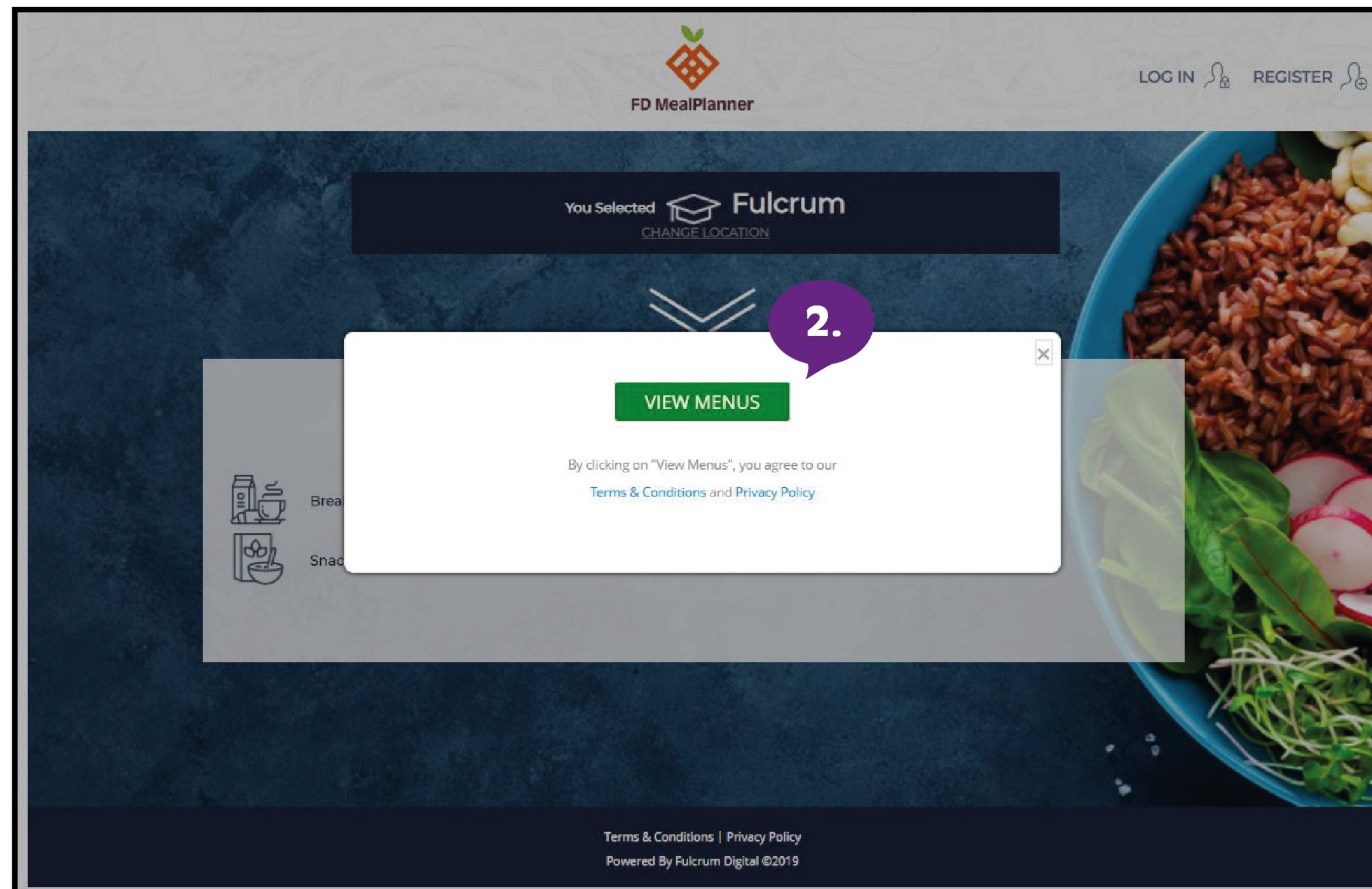
Mobile users must download the free “FD MealPlanner” app. (IOS devices use the app store and Android devices the Google Play Store).

*No user name or login is required for either platform to view data and menus, however if you want to save data or preferences you will need to create a username and password.

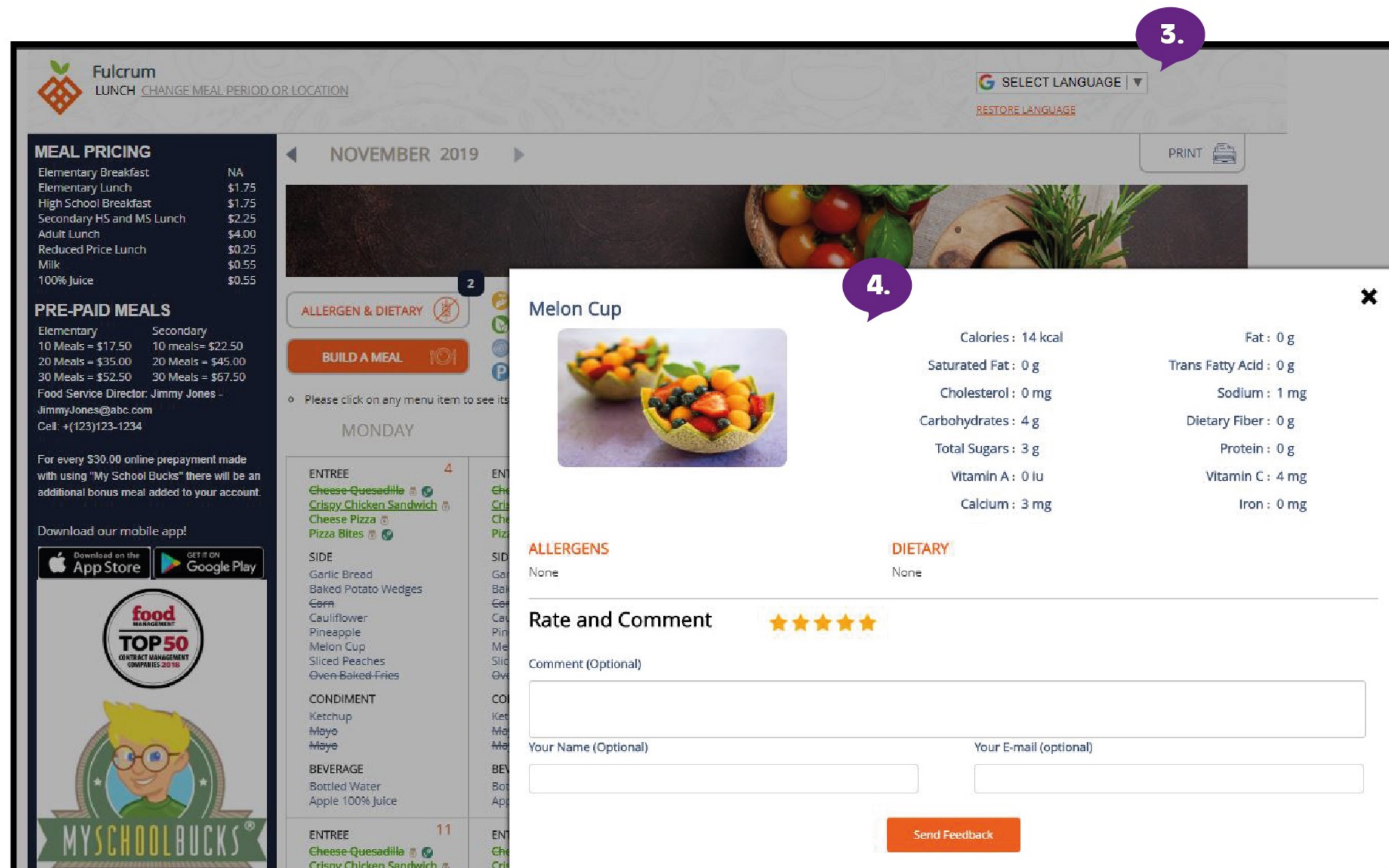
1. In the search bar, under FIND YOUR LOCATION type your cafeteria name and click on the search icon. All matching locations will appear.



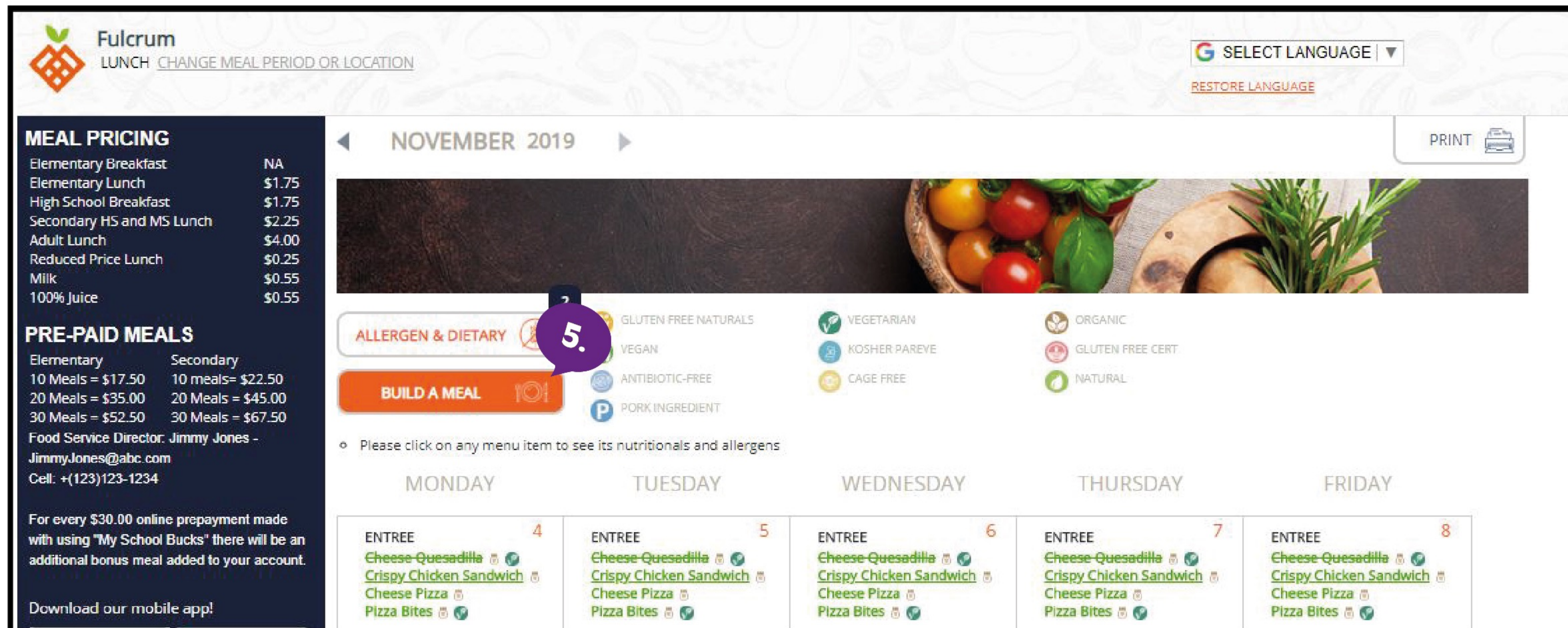
2. Select the appropriate location, then select the meal period (Breakfast, Lunch, Dinner or Snack). A pop-up window will appear that says VIEW MENU, which is the terms and conditions agreement for viewing menus. Click the green view menu button to proceed. The menu belonging to the cafe and the meal period selected will now appear.



3. The default language is English. However, you can select another language to translate the menu from the top right corner.
4. To view nutritional or allergen information, simply click on any menu item. You can also rate the meal, leave comments or save the meal in your preferences (user login and password required for saving data.)



5. In addition to seeing one menu item, you can build a meal to see what an entire day's menu looks like. Click the orange BUILD A MEAL button on the upper left side of the menu. Select a day from the date box. When the menu items appear in the list format for the day selected, you can click the checkbox next to any menu item and the nutritional data and allergens will appear to the right. If you continue selecting multiple items that data will add up so you can see the total as a cumulative for the meal you have built. You can also click on the menu items directly to view the ingredient statement information.



Fulcrum
LUNCH [CHANGE MEAL PERIOD OR LOCATION](#)

SELECT LANGUAGE | [RESTORE LANGUAGE](#)

NOVEMBER 2019 PRINT

MEAL PRICING

Elementary Breakfast	NA
Elementary Lunch	\$1.75
High School Breakfast	\$1.75
Secondary HS and MS Lunch	\$2.25
Adult Lunch	\$4.00
Reduced Price Lunch	\$0.25
Milk	\$0.55
100% Juice	\$0.55

PRE-PAID MEALS

Elementary	Secondary
10 Meals = \$17.50	10 meals= \$22.50
20 Meals = \$35.00	20 Meals = \$45.00
30 Meals = \$52.50	30 Meals = \$67.50

Food Service Director: Jimmy Jones - Jimmy.Jones@abc.com
Cell: +(123)123-1234

For every \$30.00 online prepayment made with using "My School Bucks" there will be an additional bonus meal added to your account.

Download our mobile app!

ALLERGEN & DIETARY

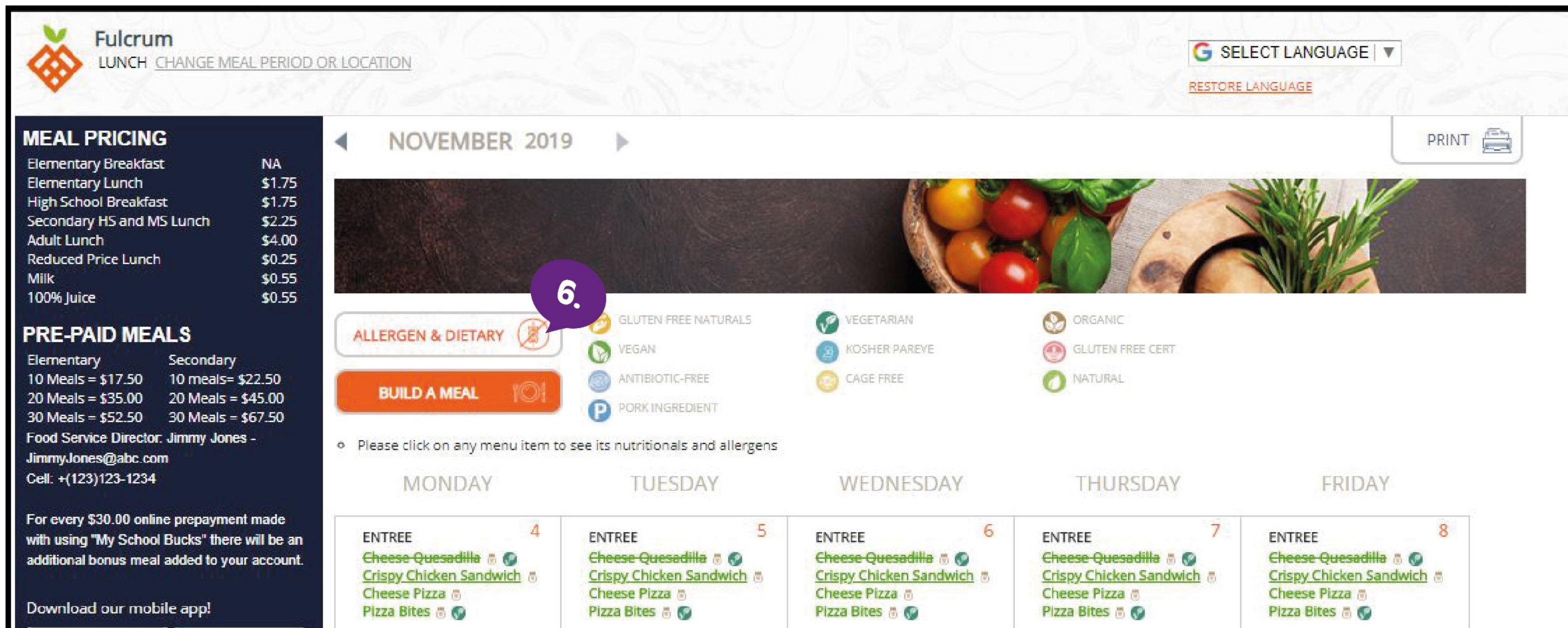
- GLUTEN FREE NATURALS
- VEGETARIAN
- ORGANIC
- VEGAN
- KOSHER PAREVE
- GLUTEN FREE CERT
- ANTIBIOTIC-FREE
- CAGE FREE
- NATURAL
- PORK INGREDIENT

Please click on any menu item to see its nutritional and allergens

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREE 4 Cheese Quesadilla Crispy Chicken Sandwich Cheese Pizza Pizza Bites	ENTREE 5 Cheese Quesadilla Crispy Chicken Sandwich Cheese Pizza Pizza Bites	ENTREE 6 Cheese Quesadilla Crispy Chicken Sandwich Cheese Pizza Pizza Bites	ENTREE 7 Cheese Quesadilla Crispy Chicken Sandwich Cheese Pizza Pizza Bites	ENTREE 8 Cheese Quesadilla Crispy Chicken Sandwich Cheese Pizza Pizza Bites

6. To search for menu items that eliminate specific allergens or to use dietary preferences, use the allergen & dietary button. Items containing selected allergens will be struck through and ones with chosen dietary preferences will be highlighted. Once checked off, close the window using the X in the upper right corner.

The left side panel shows meal pricing, contact person, links to pre-paid options and other information and resources.



The screenshot displays the Fulcrum meal planner interface. On the left, there is a sidebar with 'MEAL PRICING' and 'PRE-PAID MEALS' sections. The main content area shows a calendar for 'NOVEMBER 2019' with a 'PRINT' button. Below the calendar is an 'ALLERGEN & DIETARY' filter panel, which is highlighted with a purple callout bubble containing the number '6'. This panel includes a 'BUILD A MEAL' button and various filter icons such as 'GLUTEN FREE NATURALS', 'VEGETARIAN', 'ORGANIC', 'VEGAN', 'KOSHER PAREVE', 'GLUTEN FREE CERT', 'ANTIBIOTIC-FREE', 'CAGE FREE', 'NATURAL', and 'PORK INGREDIENT'. Below the filters, a table lists menu items for each day of the week (Monday through Friday), including 'ENTREE', 'Cheese Quesadilla', 'Crispy Chicken Sandwich', 'Cheese Pizza', and 'Pizza Bites'. A note at the bottom of the filter panel reads: 'Please click on any menu item to see its nutritionals and allergens'.

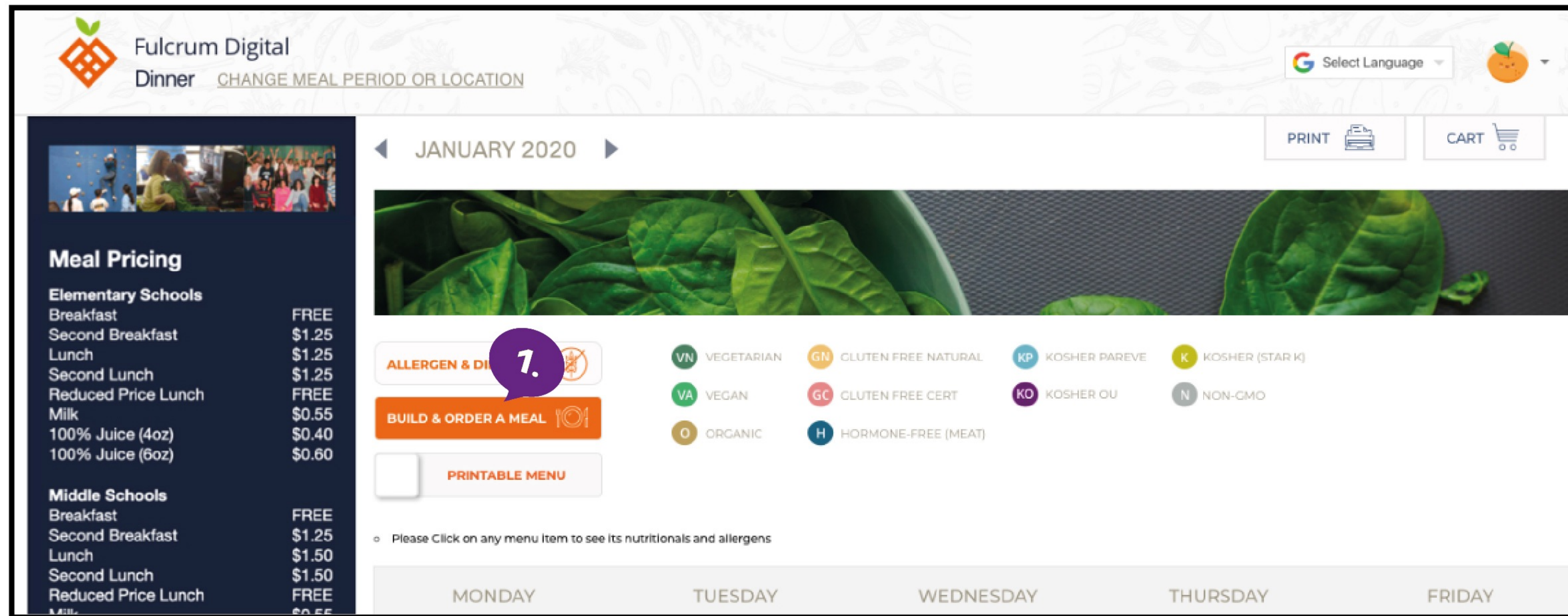


FD MealPlanner

Online Ordering

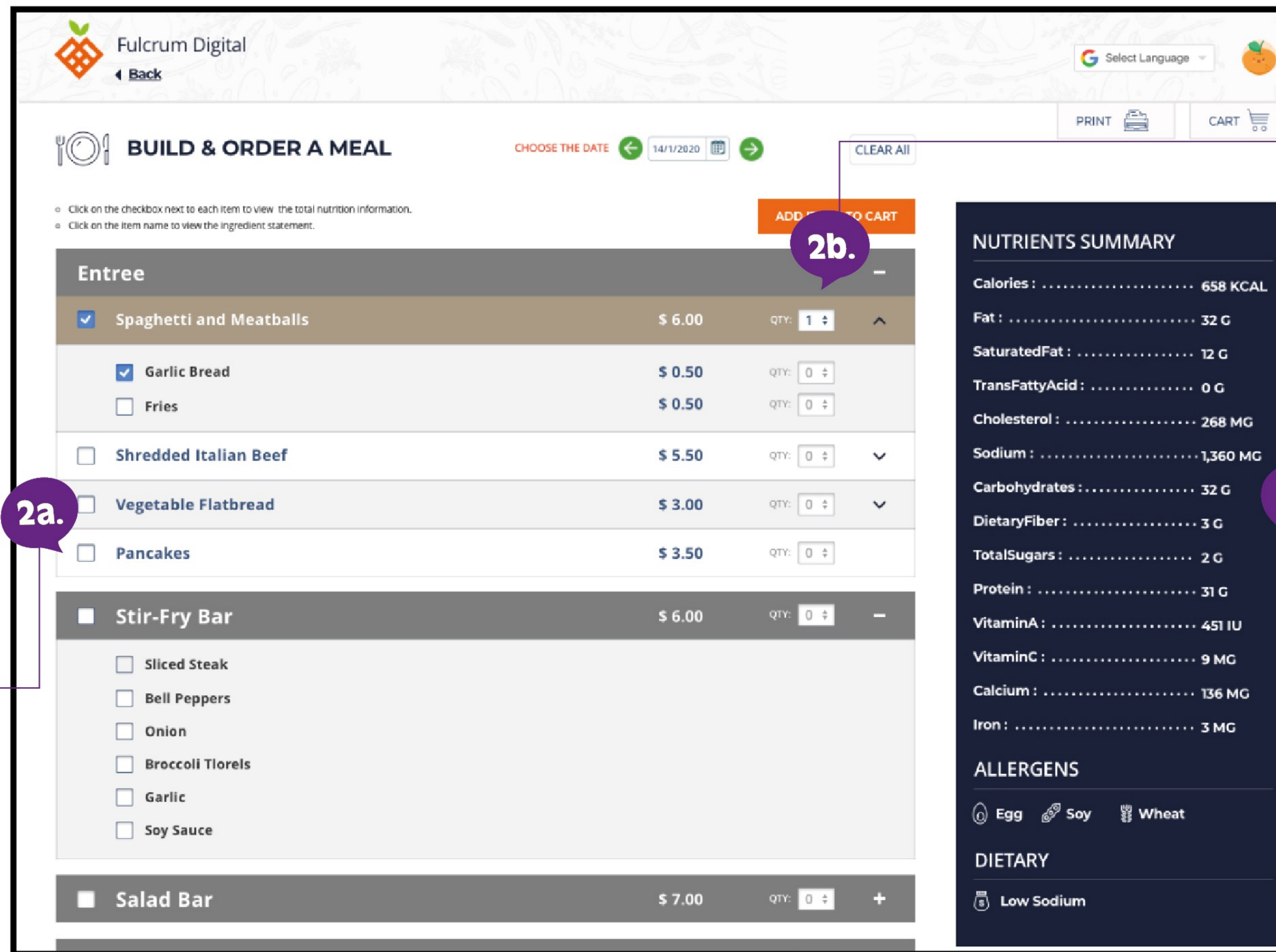
1. Build & Order a Meal – Build Your Meal

When available select the “Build & Order a Meal” button to begin the order customization and placement process.



2. Build & Order a Meal – Build Your Meal

Once selected build a meal consisting of Food Bars, Entrees, Beverages, Condiments etc.



The screenshot displays the 'BUILD & ORDER A MEAL' interface. At the top, there's a 'Fulcrum Digital' logo, a 'Back' button, a 'Select Language' dropdown, and a date selector set to '14/1/2020'. Below this is a 'PRINT' button and a 'CART' icon. The main menu is divided into sections: 'Entree', 'Stir-Fry Bar', and 'Salad Bar'. The 'Entree' section includes 'Spaghetti and Meatballs' (checked, \$6.00, qty: 1), 'Garlic Bread' (checked, \$0.50, qty: 0), 'Fries' (unchecked, \$0.50, qty: 0), 'Shredded Italian Beef' (unchecked, \$5.50, qty: 0), 'Vegetable Flatbread' (unchecked, \$3.00, qty: 0), and 'Pancakes' (unchecked, \$3.50, qty: 0). The 'Stir-Fry Bar' section includes 'Sliced Steak', 'Bell Peppers', 'Onion', 'Broccoli Florets', 'Garlic', and 'Soy Sauce', all unchecked. The 'Salad Bar' is selected and priced at \$7.00. A 'NUTRIENTS SUMMARY' panel on the right lists various nutrients and their amounts, such as 658 KCAL, 32 G Fat, and 31 G Protein. Below the summary are 'ALLERGENS' (Egg, Soy, Wheat) and 'DIETARY' (Low Sodium) options. An 'ADD TO CART' button is visible above the 'Spaghetti and Meatballs' item.

Add Custom Components

2a.

2b.

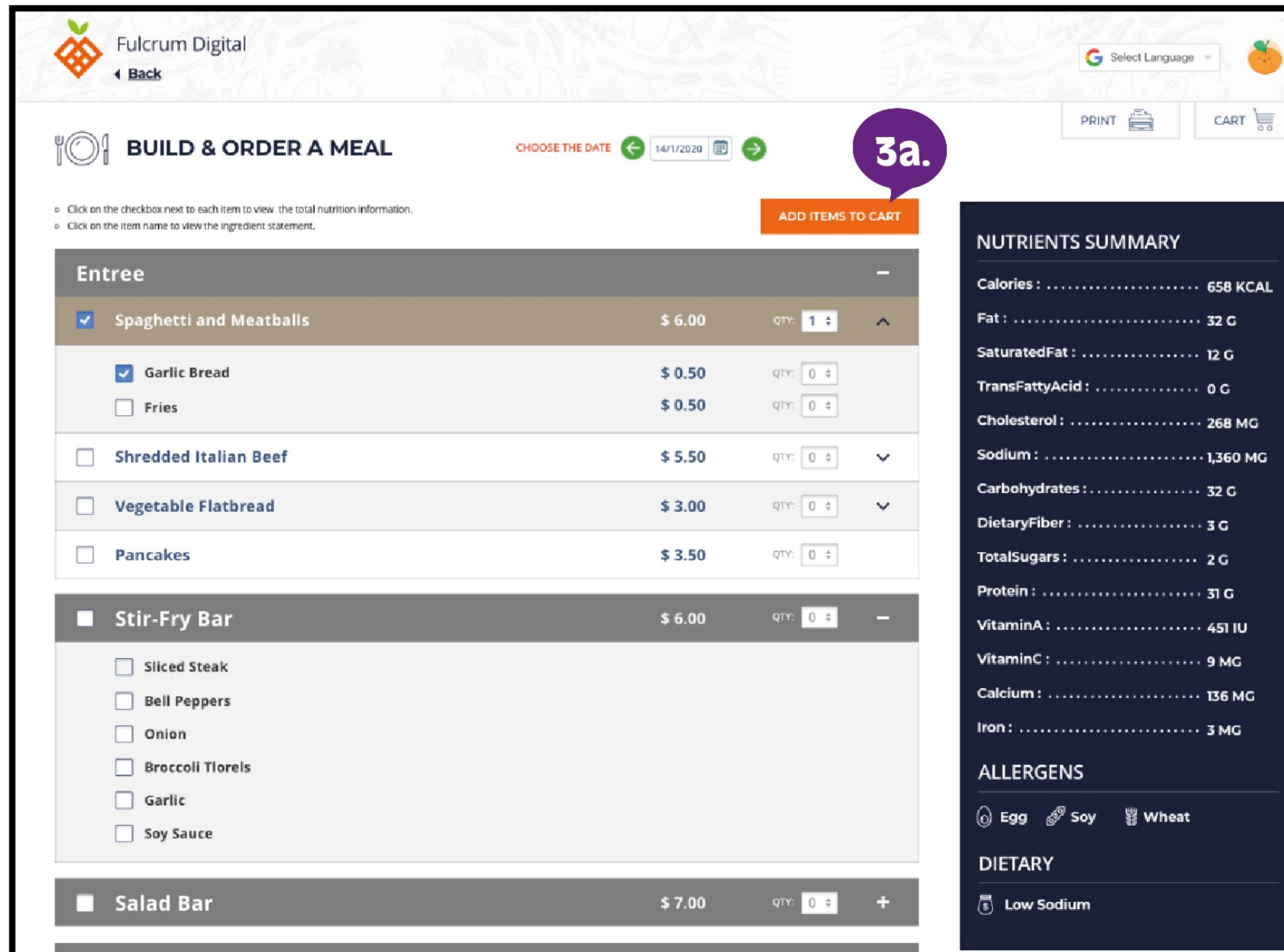
Adjust QTY

View Diet/
Nutritional Totals

2c.

3. Build & Order a Meal – Checkout

Once your meal is built select “Add Items To Cart” to proceed. After Previewing the cart select Checkout.



3a.

Entree

- Spaghetti and Meatballs \$ 6.00 QTY: 1
- Garlic Bread \$ 0.50 QTY: 0
- Fries \$ 0.50 QTY: 0
- Shredded Italian Beef \$ 5.50 QTY: 0
- Vegetable Flatbread \$ 3.00 QTY: 0
- Pancakes \$ 3.50 QTY: 0

Stir-Fry Bar \$ 6.00 QTY: 0

- Sliced Steak
- Bell Peppers
- Onion
- Broccoli Florets
- Garlic
- Soy Sauce

Salad Bar \$ 7.00 QTY: 0

NUTRIENTS SUMMARY

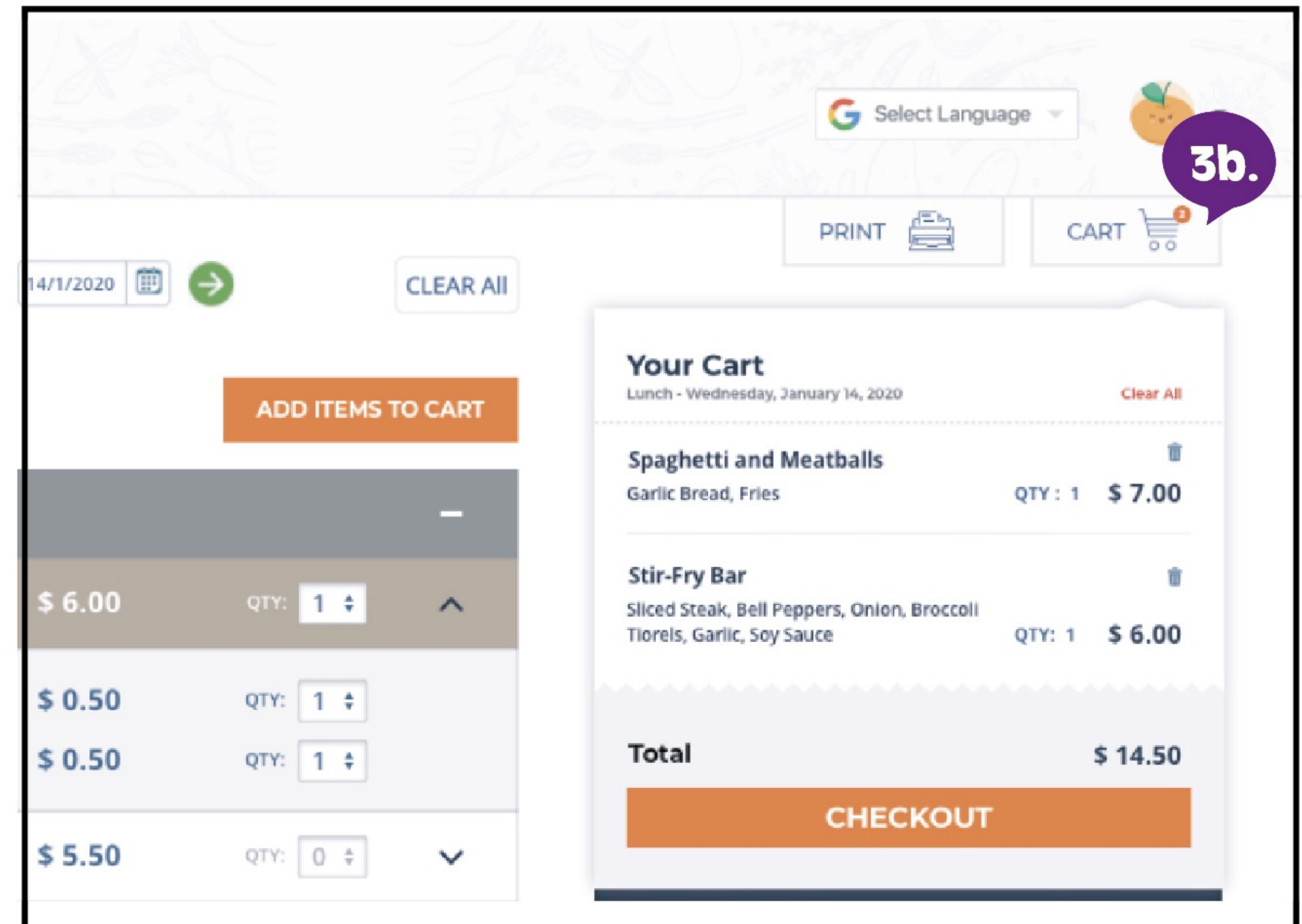
- Calories: 658 KCAL
- Fat: 32 G
- SaturatedFat: 12 G
- TransFattyAcid: 0 G
- Cholesterol: 268 MG
- Sodium: 1,360 MG
- Carbohydrates: 32 G
- DietaryFiber: 3 G
- TotalSugars: 2 G
- Protein: 31 G
- VitaminA: 451 IU
- VitaminC: 9 MG
- Calcium: 136 MG
- Iron: 3 MG

ALLERGENS

- Egg
- Soy
- Wheat

DIETARY

- Low Sodium



3b.

Your Cart
Lunch - Wednesday, January 14, 2020

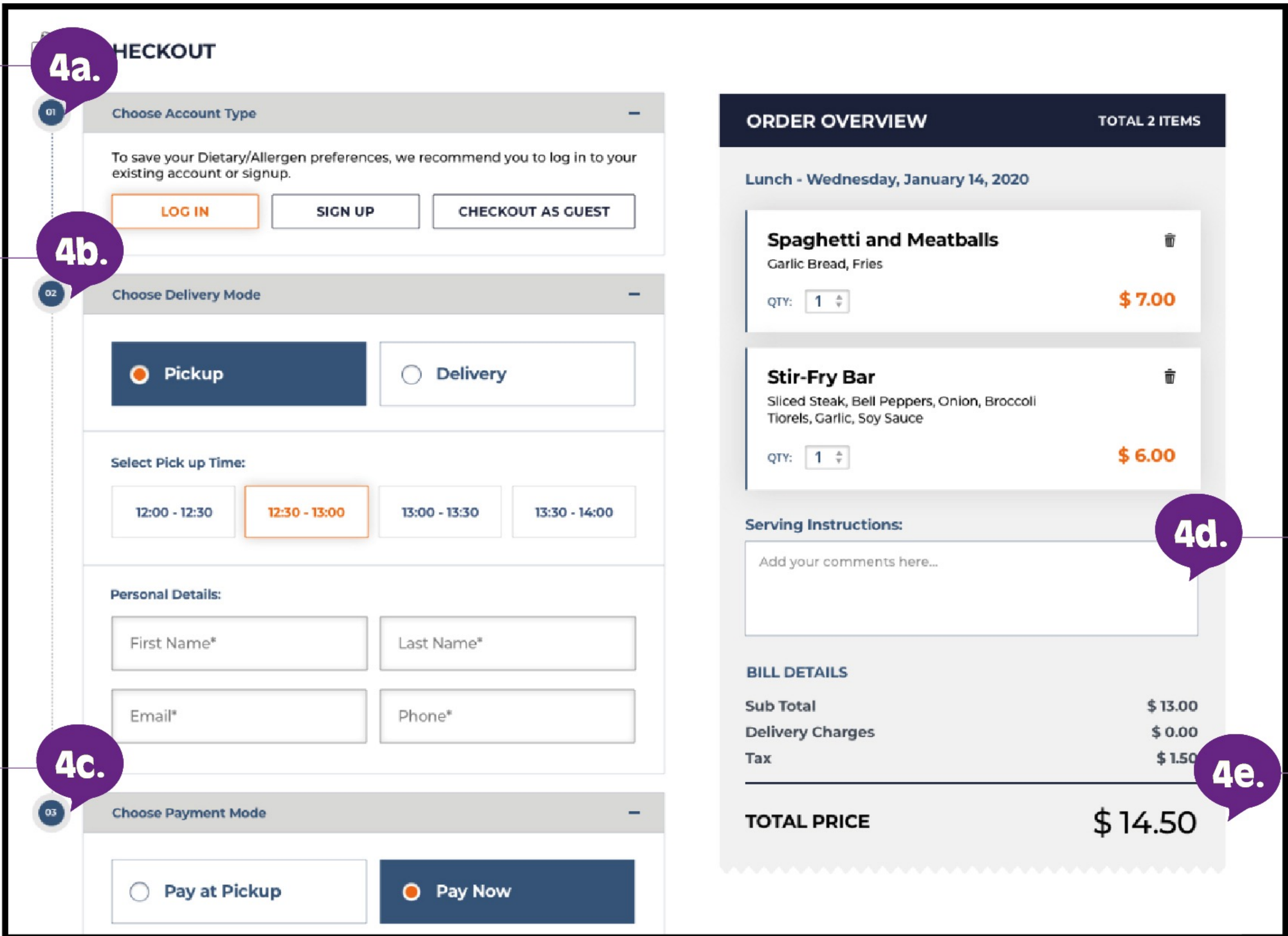
- Spaghetti and Meatballs
Garlic Bread, Fries QTY: 1 \$ 7.00
- Stir-Fry Bar
Sliced Steak, Bell Peppers, Onion, Broccoli Florets, Garlic, Soy Sauce QTY: 1 \$ 6.00

Total \$ 14.50

CHECKOUT

4. Build & Order a Meal – Checkout

Via the checkout page follow the appropriate steps including selecting Account Type (Guest/Login), Delivery Mode (Pickup/Delivery), Payment Mode (Pay at Pickup/Pay Now). Ensure all mandatory fields are completed.



Account Type

Delivery Mode

Payment Mode

4a. Choose Account Type

4b. Choose Delivery Mode

4c. Choose Payment Mode

4d. Serving Instructions

4e. BILL DETAILS

BILL DETAILS	
Sub Total	\$ 13.00
Delivery Charges	\$ 0.00
Tax	\$ 1.50
TOTAL PRICE	\$ 14.50

4f. PLACE ORDER

Select "Place Order" to complete process

*See restaurant for return and cancellation policy

Add Specific Instructions

View Totals



Jersey City

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Place, Suite 1215,
Jersey City,
NJ 07310

Tel: +1 201-523-7555

Fax: +1 973-379-3266

Chicago

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Suite 4925 Chicago,
IL 60654

Tel: +1 312-416-6683

London

1 Fore Street, London,
EC2Y 9DT

Tel:+44 (0) 203 865 8418

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Melbourne, VIC 3000

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Bela Vista, Sao Paulo-
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